



The Prayer Room

Brought to you by the Good News Bearers
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A few definitions of prayer to think about and apply to our own prayer lives -

Prayer is being aware of God's presence in our world and in our lives.

Prayer is trying to turn our hearts, minds and our whole selves to God.

Prayer is spending time with God in friendship and partnership.

Prayer is feeling wonder and amazement at our world.

Prayer is a desire to draw close to God.

Prayer is talking, listening and being with God in silent and mutual love.

Prayer is turning to God with our needs and wants and putting our trust in God.

Prayer is tapping into God's love and power.

Prayer is a relationship that needs active participation from God and from us.

Prayer is rediscovering God's active love and involvement in our lives.

Please consider using these prayers during the coming week.

Sunday

Father in heaven, help me to look honestly at my own prayer life and to find ways of enriching it.

Monday

Holy Lord, I thank you for those who encourage us to pray and who offer us help in prayer. Open my heart and mind to use what they offer.

Tuesday

Loving Father, open all of my senses to all of the blessings you have given to me, and fill my heart with thanksgiving!

Wednesday

Lord Jesus, help me always to see you in other people, especially the stranger and the newcomer.

Thursday

Dear God, help me to seek you more often during my daily life.

Friday

Compassionate Lord, when I see another person in need, let my mind be that of Christ Jesus, ready to give all that he had so that others might live.

Saturday

Lord, let your Holy Spirit be active among us, to guide us and to empower us in all that we seek to do in your name.

Amen, amen, and amen!